

I. TREATMENT INFORMATION AND INFORMED CONSENT

Please read this information carefully and ask your practitioner if there is anything you do not understand.

Acupuncture is performed by the insertion of pre-sterilized, disposable acupuncture needles through the skin, and/or the application of heat or electrical stimulation to certain points on the body. Your acupuncture treatment may be combined with tui-na / acupressure, Chinese herbs, moxibustion, cupping, electric stimulation, derma-friction (Gua-sha), infrared heat lamp, seven-star needling, therapeutic exercises, and dietary recommendations based on the fundamentals of Chinese Medicine. Your practitioner will explain the nature of each type of treatment as needed.

Acupuncture is generally very safe. Although rare, certain side effects may result from acupuncture and each procedure or treatment has specific risks and benefits. These potential risks may include, but are not limited to:

- Discomfort or minor pain at the site of needle insertion during treatment.
- Localized, minor bleeding, bruising or swelling.
- Minor burns with the use of moxibustion
- Possible temporary aggravation of symptoms that existed prior to treatment, then rapid recovery, known as "healing crisis"
- Infection and the risks of needling in the vicinity of an infection. To reduce the possibility of infection from acupuncture, all needles are pre-sterilized, single-use, disposable and made of surgical stainless steel. After each treatment, needles are disposed of as medical waste and never reused.
- Temporary dizziness, fainting and nausea ("needle sickness")
- Broken needles (rare with the use of disposable needles)
- Possible allergic reaction to Chinese herbal medicine, such as gas, stomachache, and nausea. All herbs dispensed at the clinic are GMP approved. Please be sure to let your practitioner know if you are taking prescription medication.
- Cupping therapy and derma-friction (Gua-sha) may produce petechiae (reddish purple marks) as part of the healing process. These will disappear in a few days.
- Seven-star needling is used to detoxify the body and stimulate the skin.

Some herbs and acupuncture points are contraindicated for certain conditions. Please inform your practitioner if you have any of the following conditions:

- If you are pregnant or breastfeeding
- If you have ever experienced seizures, fainting or panic attacks
- If you have a pacemaker or any other electrical implants
- If you have HIV/AIDS, hepatitis or a sexually transmitted disease

Your practitioner is unable to anticipate or explain all risks and complications that may occur during or after treatment. However, she will exercise judgment based on your best interests.

By voluntarily signing below, I show that I have read this consent to treatment, have been told the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present and future conditions for which I seek treatment.

X _____
Patient Signature

Date

Print Patient's Name

Helen Law, Licensed Acupuncturist

II. ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

September 19, 2009

Patient Name _____

By signing below, I acknowledge that I have been provided a copy of the Notice of Privacy Practices and have therefore been notified of how health information about me may be used and disclosed by this Practice, and how I may obtain access to and control this information. Furthermore, I consent to the use and/or disclosure of my health information to treat me and arrange for my medical care.

Signature of Patient

If this Notice is signed by a personal representative on behalf of the patient, complete the following:

Date

Personal Representative's Name

Relationship to Patient

Date

If you have any questions about this notice, please contact the office manager.